

**COUNTY OF SAN LUIS OBISPO BOARD OF SUPERVISORS  
AGENDA ITEM TRANSMITTAL**

(1) DEPARTMENT Behavioral Health	(2) MEETING DATE 10/28/2014	(3) CONTACT/PHONE Cindy Collins, Administrative Services Manager 788-2932 Raven Lopez, Accountant III 781-4783	
(4) SUBJECT Request to 1) approve a renewal Standard Agreement Performance Contract (Clerk's File) with the State Department of Health Care Services for FY 2014-15 delegating to the County responsibility for establishing county-wide community mental health services related to the Mental Health Services Act, Projects for Assistance in Transition from Homelessness, and Community Mental Health Services Grant, and 2) as requested by the Department of Health Care Services, grant delegation of authority to the Health Agency Director to sign the agreement and other associated documents. All Districts.			
(5) RECOMMENDED ACTION It is recommended that the Board approve and direct the Chairperson to: 1) approve a renewal Standard Agreement Performance Contract with the State Department of Health Care Services for FY 2014-15 delegating to the County responsibility for establishing county-wide community mental health services related to the Mental Health Services Act, Projects for Assistance in Transition from Homelessness, and Community Mental Health Services Grant, and 2) as requested by the Department of Health Care Services, grant delegation of authority to the Health Agency Director to sign the agreement and other associated documents.			
(6) FUNDING SOURCE(S)	(7) CURRENT YEAR FINANCIAL IMPACT \$0.00	(8) ANNUAL FINANCIAL IMPACT \$0.00	(9) BUDGETED? Yes
(10) AGENDA PLACEMENT <input checked="" type="checkbox"/> Consent <input type="checkbox"/> Presentation <input type="checkbox"/> Hearing (Time Est. ____ ) <input type="checkbox"/> Board Business (Time Est. ____ )			
(11) EXECUTED DOCUMENTS <input type="checkbox"/> Resolutions <input checked="" type="checkbox"/> Contracts <input type="checkbox"/> Ordinances <input type="checkbox"/> N/A			
(12) OUTLINE AGREEMENT REQUISITION NUMBER (OAR) N/A		(13) BUDGET ADJUSTMENT REQUIRED? BAR ID Number: N/A <input type="checkbox"/> 4/5 Vote Required <input checked="" type="checkbox"/> N/A	
(14) LOCATION MAP	(15) BUSINESS IMPACT STATEMENT? No	(16) AGENDA ITEM HISTORY <input type="checkbox"/> N/A    Date: <u>12/17/13</u>	
(17) ADMINISTRATIVE OFFICE REVIEW  Reviewed by Leslie Brown			
(18) SUPERVISOR DISTRICT(S) All Districts			

# County of San Luis Obispo



TO: Board of Supervisors

FROM: Jeff Hamm, Health Agency Director  
Anne Robin, L.M.F.T., Behavioral Health Administrator

DATE: 10/28/2014

SUBJECT: Request to 1) approve a renewal Standard Agreement Performance Contract (Clerk's File) with the State Department of Health Care Services for FY 2014-15 delegating to the County responsibility for establishing county-wide community mental health services related to the Mental Health Services Act, Projects for Assistance in Transition from Homelessness, and Community Mental Health Services Grant, and 2) as requested by the Department of Health Care Services, grant delegation of authority to the Health Agency Director to sign the agreement and other associated documents. All Districts.

## **RECOMMENDATION**

It is recommended that the Board approve and direct the Chairperson to:

- 1) approve a renewal Standard Agreement Performance Contract with the State Department of Health Care Services for FY 2014-15 delegating to the County responsibility for establishing county-wide community mental health services related to the Mental Health Services Act, Projects for Assistance in Transition from Homelessness, and Community Mental Health Services Grant, and
- 2) as requested by the Department of Health Care Services, grant delegation of authority to the Health Agency Director to sign the agreement and other associated documents.

## **DISCUSSION**

The Department of Health Care Services (DHCS) is responsible for implementing the provisions of the Mental Health Services Act (MHSA), Projects for Assistance in Transition from Homelessness (PATH) and the Community Mental Health Services Grant (MHGB) through the annual county mental health services performance contracts with all counties. The standardized sections of this agreement were negotiated between the DHCS and the California Mental Health Director's Association and lays out specific requirements on reporting, security, and so forth, as laid out in the agreement for the aforementioned programs. The agreement does not provide funding; however, if the requirements are not met, then payments can be withheld for the programs. DHCS has set the term of this agreement to run from July 1, 2014 through June 30, 2015. The previous agreement between the County and the state for these services ended on June 30, 2014. The County did not receive the agreement until the last week of July. Due to the length of the agreement, the Department and County Counsel needed time to review the agreement before submitting it for Board approval.

### **Mental Health Services Act (MHSA)**

The MHSA was enacted into law January 1, 2005, following the passage of Proposition 63 in November 2004. This Act was designed to expand and transform county mental health services by imposing an additional one percent tax on individual taxable income in excess of one million dollars. Annually, the Department presents the MHSA Annual Update report for Board approval which details the various MHSA programs, number of clients served, and cost associated with each program. The Annual Update can be found here:

<http://www.slocounty.ca.gov/Assets/MHS/pdfs/MHSA+Annual+Update+2014-2015.pdf>

### **Projects for Assistance in Transition from Homelessness (PATH)**

The State was awarded federal homeless funds through the federal McKinney PATH formula grant, which the County receives annually. The grant funds are to be used for community based outreach, mental health and substance abuse referral/treatment, case management and other support services for the homeless mentally ill. This program works alongside the MHSA Full Service Partnership Homeless Services program and funds half of a full-time Mental Health Therapist. The Mental Health Therapist (MHT) will outreach to homeless mentally ill people and assist them in accepting and participating in existing programs, as well as linking and consulting with other homeless service providers. For example, if a homeless mentally ill individual accepts assistance from the MHT, then he/she could be referred to the Homeless Full Service Partnership program, if the individual meets the criteria for enrollment. Individuals may also be linked with dual-diagnosis services, family supports, and substance abuse counseling. The overall goal of the PATH grant is to assist individuals in accessing mental health services and housing. MHSA covers the match required for the grant.

### **Community Mental Health Services Block Grant (MHBG)**

The Department of Health Care Services (DHCS) awards federal MHBG funds to counties to provide a broad array of mental health services within their mental health system of care to the following target populations: children and youth with serious emotional disturbances, and adults and older adults with serious mental illnesses. The County may use the funds to develop innovative programs or augment existing programs. The County uses the funds to augment the following programs and services:

North County Clubhouse (contracted through American Care Home): This program enriches a large board and care home with living skills training and recreational activities usually found only in intensive residential treatment or off-site day treatment milieus. Services there are essential to keeping people in the community and out of the acute hospital, the state hospital, and the out-of-county locked Institutions for Mental Disease (IMD) facilities. Adults with severe mental illness will be provided sufficient psycho social support, stimulation, and instruction in their living environment to enable them to continue living in an open community placement, to avoid crises and conflicts, and in many cases to acquire the confidence and social skills necessary to go outside this environment to pursue additional steps toward rehabilitation and integration into the community.

Behavioral Health Treatment Court (BHTC): The funds are used to pay for a portion of a full-time equivalent (.39 FTE) staff member to provide assessment and referral consultation, outpatient case management, rehabilitation services, case planning and consultation, group rehabilitation, medication support, referrals and crisis intervention for clients in the BHTC program and act as a liaison with Probation, jail staff, judges and attorneys.

Enhancement of services for Dual Disorder clients: The funds are used to pay for a portion of a full-time equivalent (.47 FTE) staff member who is a dual disorder-trained clinician to add to the capacity of the Dual Disorder Program. The program focuses on gaining trust with the referred individuals and provides services over a significant period of time, while also supporting a consumer-run Dual Recovery 12-step program. The interventions include outreach activity, specialized substance abuse assessments, individual and group treatment, education and harm reduction strategies, social rehabilitation, relapse prevention and maintenance. The program is an integrated service with access to all Mental Health services and provides treatment for both disorders by specially trained staff.

Children's System of Care: The purpose of the overall System of Care for children and adolescents is to target seriously emotionally disturbed children, help them to improve their functioning in community based, less restrictive settings and, whenever possible, in their own homes and schools. To achieve this overall goal, the Department collaborates with numerous agencies, such as Education, Probation, and Social Services to identify, intervene and collaborate through interagency processes, including continuation of the Children's Services Network, multi-agency case management teams, and the Integrated Services Committee. The funds are used towards the continuation and maintenance of services to non-Medi-Cal eligible children at the South County Services Affirming Family Empowerment (SAFE) System of Care.

### **OTHER AGENCY INVOLVEMENT/IMPACT**

County Counsel has approved the agreement as to form and legal effect.

## **FINANCIAL CONSIDERATIONS**

While there is no funding amount associated with this agreement, the performance contract is meant to ensure the County is adhering to the conditions and requirements of the MHSA, PATH and MHBG. If the County does not adhere to the contract, then DHCS can withhold payments until the County is in compliance. Additionally, the Department recently received the initial allocation letter for the PATH and MHB grants. These will be presented to the Board for review in the coming month.

The Adopted Budget for FY 2014-15 include the following amounts for each program:

<b>MHBG</b>		
	<b>FY 2013-14 Actual</b>	<b>FY 2014-15 Budget</b>
<b>Programs Funded</b>		
American Care Home (contract)	\$ 97,382	\$ 97,382
Behavioral Health Treatment Court	39,004	42,655
Dual Disorder Program	57,159	57,159
Children's System of Care	254,061	254,061
<b>Total MHBG Funded Budget*</b>	<b>\$ 447,606</b>	<b>\$ 451,257</b>

<b>PATH</b>		
	<b>FY 2013-14 Actual</b>	<b>FY 2014-15 Budget</b>
<b>Program Funded</b>		
Homeless Full Service Partnership	\$ 46,280	\$ 46,280
<b>Total PATH Funded Budget*</b>	<b>\$ 46,280</b>	<b>\$ 46,280</b>

<b>MHSA</b>		
	<b>FY 2013-14 Actual</b>	<b>FY 2014-15 Budget</b>
<b>Programs Funded</b>		
Community Services & Supports	\$ 5,809,343	\$ 6,509,996
Prevention & Early Intervention	1,748,818	1,849,994
Innovation	697,994	623,583
Workforce, Education & Training	137,741	204,244
Capital Facilities	645,273	573,657
<b>Total MHSA Funded Budget*</b>	<b>\$ 9,039,169</b>	<b>\$ 9,761,474</b>

*\*Total budget reflects only the funding's share of expenses.*

## **RESULTS**

Additional results for the PATH and Mental Health Block grants will be presented when the grant acceptance letters are presented to the Board next month.

Community Mental Health Services Block Grant

North County Clubhouse			
Year	FY 2013-14 Target	FY 2013-14 Actual	FY 2014-15 Budgeted
Cost	\$ 97,382	\$ 97,382	\$ 97,382
Number of clients served	50	57	50

Behavioral Health Treatment Court			
Year	FY 2013-14 Target	FY 2013-14 Actual	FY 2014-15 Budgeted
Cost	\$ 39,004	\$ 39,004	\$ 39,004
Number of clients served	28	22	28

Dual Disorder Program			
Year	FY 2013-14 Target	FY 2013-14 Actual	FY 2014-15 Budgeted
Cost	\$ 57,159	\$ 57,159	\$ 57,159
Number of clients served	30	50	30

Children's System of Care			
Year	FY 2013-14 Target	FY 2013-14 Actual	FY 2014-15 Budgeted
Cost	\$ 254,061	\$ 254,061	\$ 254,061
Number of clients enrolled	45	56	50

#### PATH

PATH			
Year	FY 2013-14 Target	FY 2013-14 Actual	FY 2014-15 Budgeted
Cost	\$ 46,280	\$ 46,280	\$ 46,280
Number of clients to be contacted	50	72	50
Number of clients to be enrolled	10	22	10

Enrollment into PATH occurs when:

- 1) an individual has been determined to be PATH eligible,
- 2) the individual and Mental Health Therapist (MHT) have mutually agreed that services will be provided, and
- 3) a file or record has been created for the individual with the above information documented as well as documentation of services provided.

Some of the individuals contacted by the MHT may already have an open case or are receiving services, may be transient, or may deny services. The number of clients contacted and enrolled is part of the data requirements of the grant and only reflects the numbers associated with PATH.

**MHSA** – Please see FY 2014-15 Annual Update for outcomes:

<http://www.slocounty.ca.gov/Assets/MHS/pdfs/MHSA+Annual+Update+2014-2015.pdf>

Approval of the agreement will continue our participation in the MHSA, PATH and MHBG programs. Through each of these programs, the Health Agency's Behavioral Health Department furthers its departmental goals to assist individuals with serious mental illness to be as functional and productive as possible in the least restrictive and least costly environments. Providing the most appropriate services to the clients increases the probability of positive treatment outcomes. Furthermore, positive treatment outcomes contribute to the wider County vision of a healthy and safe community.

## **ATTACHMENTS**

1. Attachment 1 - Clerk's File Statement